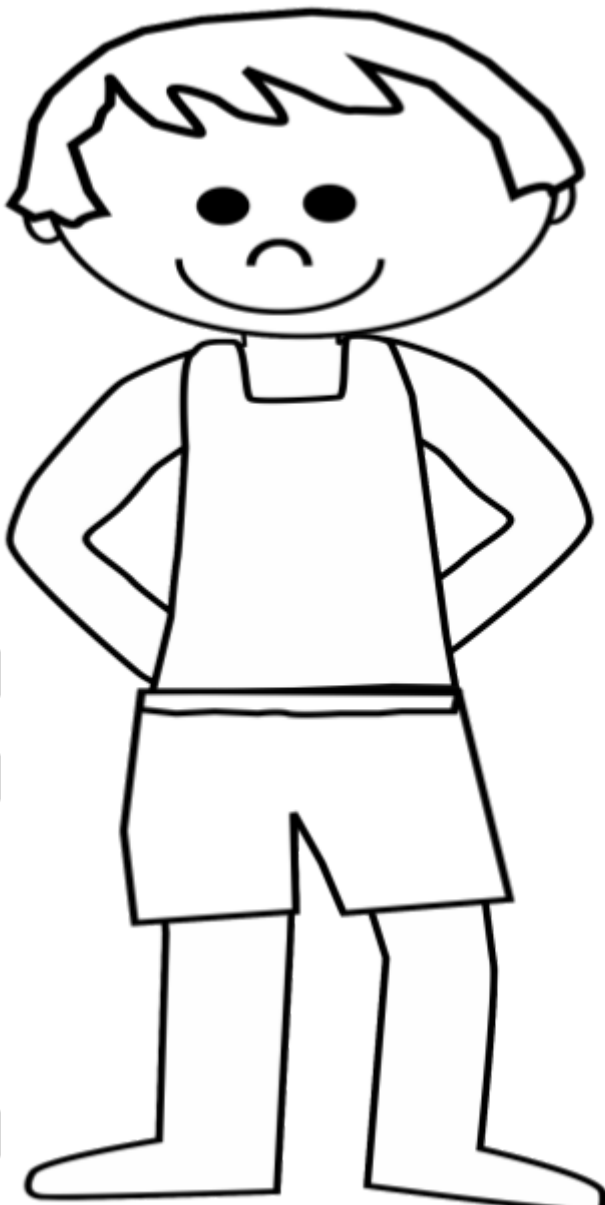




# Metric Me

Become an Olympic athlete. Record your stats for Olympic officials. Measure each body part using metric units of length. Color your athlete to represent your favorite country.

Name \_\_\_\_\_

Length of hair <input type="text"/>		Eye corner to corner <input type="text"/>
Width of smile <input type="text"/>		Nose-bridge to tip <input type="text"/>
Shoulder to shoulder <input type="text"/>		Elbow to finger <input type="text"/>
		Elbow to wrist <input type="text"/>
Hip to knee <input type="text"/>		Hip to hip <input type="text"/>
Hip to ankle <input type="text"/>		Knee to ankle <input type="text"/>
Ankle to toe <input type="text"/>		Heel to toe <input type="text"/>

# Teacher's Guide

**Description:** Metric Me is a measurement activity where students measure their body parts in metric units and record the measurements.

**Skills:** The students will measure lengths in standard units of meters and centimeters.

**Grade levels:** 2-5

**Background information:** Before completing the activity, students need to have a basic knowledge of metric units of length. This activity is designed as a review activity for students who already have a basic understanding of metric measurement.

**Materials:** Metric Me worksheet

Meter sticks

pencils

**Procedure:**

1. Introduce the activity to students by explaining that they have all just qualified as athletes in the 2012 Olympics. Tell them they now need to report their "stats" to the Olympic committee.
2. Read over the worksheet and make sure students understand what they should measure on the worksheet. Demonstrate as necessary.
3. Allow students to work on measuring body parts and recording.
4. Assess the students by checking for reasonable answers. Answers will vary.

**Extending the activity:**

This could be an introductory activity to a complete [classroom measurement Olympics](#). You can purchase a pre-made classroom Olympics in my teachers pay teachers store. This includes a teachers guide, printable signs, directions for games, recording sheets, medals, and a certificate of completion.

**Thank you for downloading this product. I**

**hope you enjoy the activities included.**

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